



Let's Do Lunch!

July 2016

Monday	Tuesday	Wednesday	Thursday	Friday
27 Chicken Tenders w/ Ranch Buttered Pasta Beets Dinner Roll w/ Margarine Jell-O w/ Fruit 1% Milk	28 Salisbury Steak w/ Mushroom Gravy Mashed Potatoes w/ Gravy Mixed Vegetables Whole Wheat Roll w/ Margarine Watermelon 1% Milk	29 Chile Beans: Beans Calabacitas Cornbread w/ Margarine Tapioca 1% Milk	30 Salmon w/ Lemon Butter Rice Pilaf Brussel Sprouts Crescent Roll w/ Margarine Grapes 1% Milk	1 BBQ Pulled Pork Hoagie Roll Angel Hair Pasta w/ Cherry Tomatoes & Parmesan Cheese Glazed Carrots Pineapple Chunks 1% Milk
4 HOLIDAY CLOSED	5 Chili Cheese Dog Red Potatoes Spinach Mandarin Oranges 1% Milk	6 Strawberry Salad Cold Orzo w/ Red & Green Peppers Garlic Breadstick with Margarine Apple 1% Milk	7 Turkey Red Chile Enchiladas Pinto Beans California Blend Vegetables Banana 1% Milk	8 Ham & Pea Casserole Succotash Biscuit w/ Margarine Yogurt 1% Milk
11 Beef Fajitas Spanish Rice Mexicorn Cantaloupe 1% Milk	12 BBQ Chicken Baked Potato w/ Sour Cream & Margarine Broccoli Dinner Roll w/ Margarine Pineapple Chunks 1% Milk	13 Parmesan Crusted Salmon w/ Tartar Sauce Stuffed Tomato w/ Stuffing & Mushrooms Garlic Bread Warm Apple Slices 1% Milk	14 Beef Lasagna Peas & Mushrooms Baby Carrots Wheat Roll w/ Margarine Chocolate Chip Cookie 1% Milk	15 Pork Chop w/ Sautéed Onion Gravy Green Beans w/ Tomatoes Bread Stick w/ Margarine Vanilla Pudding 1% Milk
18 Chicken Tenders w/ Ranch Brown Rice w/ Gravy Crinkle Cut Carrots Dinner Roll w/ Margarine Apricots w/ Cinnamon 1% Milk	19 Beef Stroganoff Cauliflower Biscuit w/ Margarine Jell-O w/ Whipped Topping 1% Milk	20 Tuna Stuffed Tomato Marinated Cucumbers & Red Onions Cold Pasta w/ Marinated Vegetables Wheat Roll w/ Margarine Ice Cream Cup 1% Milk	21 Carne Adovada Pinto Beans Stewed Tomatoes Tortilla w/ Margarine Banana 1% Milk	22 Open Faced Turkey Sandwich Mashed Potatoes w/ Gravy Beets Peaches 1% Milk
25 Frito Pie Calabacitas Tortilla w/ Margarine Tapioca Pudding 1% Milk	26 Turkey Tetrazzini Green Beans w/ Mushrooms Cornbread w/ Margarine Fruit Salad 1% Milk	27 Chopped Salad w/ Chicken Macaroni Salad Celery Sticks w/ Peanut Butter Wheat Roll w/ Margarine Ambrosia Salad 1% Milk	28 Breaded Pollock Sandwich Scalloped Potatoes Asparagus Grapes 1% Milk	29 Pork Stir Fry Steamed Rice Glazed Carrots Dinner Roll w/ Margarine Pineapple Chunks 1% Milk

We reserve the right to alter the menu to meet food availability.

Diabetic clients should not be given sugar and bread; only upon request.